

Life Time Grand Prix Selection Process

1. Objective

To establish a transparent and merit-based process for selecting athletes for the Life Time Grand Prix (LTGP), ensuring a competitive, diverse, and professional field.

2. Scope

Applies to all athletes seeking entry into the annual Life Time Grand Prix series.

The Life Time Grand Prix will select up to 25 men and 25 women to compete.

The selected slots will be comprised of:

- Top five overall from 2025 Life Time Grand Prix
- Top overall U23 Rider from previous year
- A minimum of 16 selected athletes (additional slots may open if one or more top-five athletes do not return)
- 3 Wild Card Athletes (selected after the second event)*

***Note** - additional Wild Card slots may open up if any LTGP athletes drop out prior to July 1, 2026

3. Selection Committee -

- **LTGP Executive Director, VP of Marketing** – Michelle Duffy Smith
- **LTGP Director** – Sean Thurman
- **LTGP Athlete Services Manager** – Treva Anno
- **VP of Operations** - Michael Melley
- **LTGP Marketing Manager** – Mason Mohn

4. Eligibility Criteria

4.1 General Requirements

- All prospective athletes must apply during the stated application period in order to be considered.
- Must be 18+ years of age by December 31, 2025.
- Must commit to attending a minimum of 3 fan or Community engagement activations
- Must adhere to Life Time's code of conduct, anti-doping policies, and media/drafting rules.

5. Application Process and Selection Timeline

- Applicants must submit a complete application prior to the application deadline.
 - Link will be available on October 27
 - **Application Guidelines released:** October 20
 - **Application Opens:** October 27
 - **Application Closes:** November 5th
 - **Final day to withdraw application:** November 10
 - **Selections Notified:** November 11

7. Selection Criteria

7.1 Performance

Athlete selection will be based on performances at designated events over the past 12 months, including but not limited to the following:

- **Results at Life Time Owned Events**
 - Overall performance in Life Time Grand Prix
 - Sea Otter Gravel and/or Fuego XL
 - Unbound Gravel
 - Leadville Trail 100 MTB
 - Chequamegon MTB Fest
 - Little Sugar MTB
 - Big Sugar Gravel
 - Lutsen 99er
 - Tahoe Trail 100
 - Silver Rush 50
 - Crusher in the Tushar
 - The Rad Dirt Fest
 - Coldwater Trail
 - Austin Rattler

- **Performance at Select Global Off-Road Events**
 - Top performances (overall) at these premier races within the last 12 months at the following:
 - **American Events**
 - SBT Gravel
 - Oregon Trail Stage Race
 - US Nationals - MTB Cross Country
 - US Nationals - Gravel
 - Breck Epic - Overall
 - The Mid South
 - Whiskey Off-Road 50
 - Barry Roubaix
 - Valley of Tears
 - Rule of 3
 - **International Events**
 - Heathland Gravel
 - Cape Epic - Overall
 - BC Bike Race - MTB Stage race in BC
 - La Ruta - MTB Stage Race Costa Rica
 - UCI MTB XCO/XCM events
 - UCI Gravel World Championships
 - National Championships – Gravel, MTB Cross Country
 - Traka (360km and 200km)
 - Rift

At its sole discretion, Life Time may consider performances from other national or international events not listed, as well as other relevant factors in determining final athlete selections.

8. Entry Fees

- Entry fees for all selected Grand Prix riders will be covered by Life Time
- Entry fees for the 3 selected Wild Card and 10 selected U23 athletes will be covered by Life Time for the remaining events after they are selected.

9. Policy Adjustments

The Selection Committee reserves the right to modify these policies and criteria in response to unforeseen circumstances, evolving competitive landscapes, or to uphold the values and integrity of the Life Time Grand Prix.

10. Confidentiality

All applications and materials will be kept confidential and reviewed only by the selection committee.

Life Time reserves the right, at its sole discretion, to evaluate results from additional off-road events beyond those listed and to consider other factors that reflect an athlete's performance, consistency, and alignment with the values of the Life Time Grand Prix. All final selection decisions rest solely with Life Time.